

Switch up your routine. Vow to go a different way home every now and then to ward off anyone who may be observing you.

Train.
Prepare.
Act.

Be Confident. Predators prey on those who appear to be weak, tired, insecure or generally not aware.

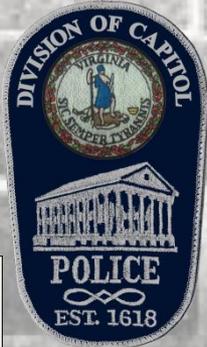
REFUSE

Trust your intuition. If it doesn't feel good, don't do it.

To Be a Victim.

Install and use locks on your doors and windows.

Recognize the dynamics of domestic violence



JOIN US!
Wednesday, January 21, 2015
at 12:00 p.m.
Patrick Henry Building
East Reading Room (Rm 1035)

Stalking is serious, often violent, and can escalate over time. Take threats seriously. Contact the police.



For more information visit www.dcp.virginia.gov